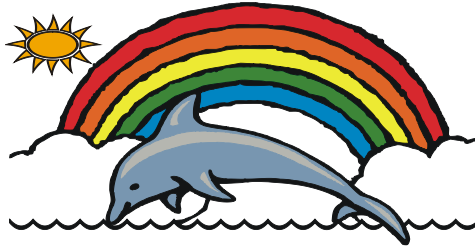


Berkeley Vale Pre-school Kindergarten Inc

“Your Community Pre-school”

26 Kareelah Ave
Berkeley Vale NSW



“Living, Learning and Growing”

Phone: 4388 4481

Fax: 4388 4149

ABN 77 641 023 678

Email: admin@bvalepreschool.org.au

February 2021 Newsletter

Dear parents and families,

Welcome back to pre-school following our school holiday break. The team have returned ready for another busy year and we appreciate that our end of the week children and families started the week later. This due to our extensive water damage the service experienced during our closure.

As part of our Insurance claim, we need to acknowledge Jared at Choice Flooring at Erina as well as Urban Business Solutions. These businesses have gone above and beyond to assist us in ensuring that our service was operational and ready to start the year. New carpet has been laid throughout the centre, plus an update to our staff kitchen is coming because of our water damage claim.

Friendly Reminders

- Please:
 - label all your child’s belongings.
 - send 2 separate food containers, one for morning tea and one for lunch. This allows your child to be more independent and less reliant upon educators.
 - pack a water bottle each day.
 - pack a hat.
 - pack a spoon for yoghurt (**these items are kept for lunch**).

What is coming up?

Annual General Meeting – Thursday, 11th March at 7:30pm

- send your child in loose elastic clothing (shorts or skirts) to assist with toileting.
- send children in shoes that are easy to put on.
- leave blankets at home, they are too bulky and are not required.
- provide a 6 x 4 family photo.

Healthy Food Policy

Attached to this newsletter is a copy of our Healthy Food Policy. The policy lists **NO** egg, tuna, salmon or fish products, peanuts, tree nuts or muesli bars due to children living with Anaphylaxis being enrolled at our service.

If your child is not allowed to eat birthday cupcakes brought from other homes, you **must** provide an alternative that will be stored at pre-school for these special occasions.

Pre-school Facebook page

Enrolled parents are asked to join our service's private Facebook page. Parents must answer set questions to join this group and will be a way that educators will share what is happening here at pre-school. It will also be a forum that we will remind parents of upcoming events. If you have not yet joined this Facebook page, please search Berkeley Vale Pre-school Learning Ideas – <http://www.facebook.com/groups/908182356283378/?ref=share>. A reminder this is for enrolled parents only and will be approved by myself or a member of the team.

Immunisation Records

As your child has their 4-year-old immunisations throughout the year, can you please forward the updated Immunisation History Statements to pre-school.

Staff News

Gemma Burke joins the teaching team as our new Early Childhood educator for the Rainbow Room working every Thursday and Friday. Gemma brings a wealth of experience to our pre-school as having worked in both primary schools and early childhood services.

Sarah Barrie, who has worked for our service for the past 4 years has decided to pursue further studies to become a Florist. Sarah joined our team originally as our Trainee and progressed to undertake a Diploma in Children's Services traineeship. Sarah has been a valued asset to our team and service and will be sorely missed. Sarah's last day of work is Wednesday, 24th February and please join us in wishing Sarah all the best as she pursues her future passions.

Colleen Templeton – I will be reducing my working week for the first half of the year. Gemma Burke will replace me each Monday in the Dolphin Room, however I will be on premises if parents still need me at the beginning of the week.

Please take note of the days that staff are present in the office or within your child's respective classrooms.

Colleen & Amy's Office Days

Mon	Tues	Wed	Thurs	Fri
Colleen	Colleen		Colleen	
Amy		Amy		Amy

Dolphin Room educators

Mon	Tues	Wed	Thurs	Fri
Kristy	Kristy	Lyn	Kristy	Kristy
Gemma	Karen	Karen	Karen	Karen
Lea	Lea	Lea	Lea	Lea
Vickie	Vickie	Vickie	Vickie	Vickie
Derval	Dervla		Dervla	Dervla

Rainbow Room educators

Mon	Tues	Wed	Thurs	Fri
Lyn	Lisa	Lisa	Lisa	Lisa
Sonja	Sonja	Sonja	Gemma	Gemma
Imogen	Imogen	Imogen	Imogen	Imogen
Trish	Trish	Trish		

Speech Therapy Sessions at Pre-school

Berkeley Vale Pre-school is fortunate to have 2 qualified Speech Therapists who visit our service on a Monday and Thursday. If you would like your child to access subsidised speech therapy on a fortnightly basis, please speak to your child's educator or contact Colleen or Amy in the office and we will forward the appropriate paperwork home.

Annual General Meeting – Thursday, 11th March at 7:30pm

Our Annual General Meeting will be held on Thursday, 11th March starting at 7:30pm. This meeting will be held in the Dolphin Room and social distancing measures will be adhered to throughout this meeting. This meeting is a time when we need to elect our 2021 Parent Management Committee and we need parents to become involved in the management of our service. Parents bring a wealth of expertise to these roles and

your input is vital to the decision-making processes of our pre-school.

We will be seeking the following roles to be filled:

President
Vice President
Treasurer
Secretary
General Members

If any parent would like further information about these respective roles, please contact Amy or Colleen in the office. We would also be happy to put you in contact with current Committee Members to discuss these roles further.

Please remember that no question, is a silly question and if you would like to speak with your child's educator, we welcome your telephone calls. Educators are very aware that we are not able to speak with our parents as we would normally do due to COVID restrictions recommended for our sector.

Best wishes and kind regards,

Colleen Templeton and the Berkeley Vale
Pre-school team

Healthy Food Policy – *Fresh Is Best!! And Cheaper!!*

Green Great Choice ✓✓	Amber OK Choice ✓	Red Please DO NOT pack
<ul style="list-style-type: none"> • Fresh Fruit and Vegetables. • Wholegrain or wholemeal breads (wraps / pita breads) with healthy fillings. • Rice paper wraps. • Sushi. • Unsweetened Yoghurt / Greek yoghurt • Salads (pasta / rice salads). • Cold roast meats i.e.. unprocessed • Water / plain Milk. • Pikelets / fruit or pumpkin scones / hot cross buns / savoury muffins. • Cheese / Crackers / Cheese sticks. • Salsa / Philly Cheese / Hummus / Dips and Crackers / Vegie Sticks. • Baked Beans. • Weetbix with Margarine / Vegemite. • Meatballs. • Homemade Pizza • Crackers - Vita Wheat, Sakata, Cruskits, Premium, Sao, Jatz, Ryvita, Water Crackers. • Pretzels / Popcorn. • Rice Cakes – see exceptions in Red. 	<ul style="list-style-type: none"> • Dried Fruit • Sandwiches with white bread (wraps / pita breads) with healthy fillings. • Deli Meats. • Cheese and Bacon Rolls / Cheesymite scrolls / • Bread Sticks. • Cold Sausages. • Homemade items: <ul style="list-style-type: none"> - Banana bread - Fruit and vegetable muffins. - Bliss bars – homemade (No Nuts) - BVPS Muesli Bites you will find the recipe on page 30 of policy booklet. <u>Please do not pack:</u> <ul style="list-style-type: none"> • Peanuts in any form • Tree nuts • Seafood (e.g. Tuna or salmon sandwiches) • Eggs (e.g. Quiche, hard-boiled egg / sandwiches) • Muesli bars 	<ul style="list-style-type: none"> • Sandwiches with Chocolate Spreads / Nutella • Peanut Butter • Custards • Flavoured Milks. • Sweet Desserts / Jellies. • Cakes / Sweet Biscuits (e.g. milk arrowroots and scotch fingers). • Pre-packaged bars of any variety (e.g. Muesli Bars, LCM's, Nutrigrain, KTime twists, Milkos). • Fruit sticks / Rollups of any variety. • Flavoured chips. • Juice / Poppers / Cordial. • Peanuts / Nuts. • Mamee Noodles. • Savoury Shapes varieties and Chicken in a Biscuit. • Lollies. • Rice Cakes – Salt and Vinegar, Sundried Tomato, Sour Cream and Chives. • Vegie Chips • Doritos and corn chips • Eggs in any form • Soy Crisps • Flavoured Yoghurts • Potato Sticks. • Grainwaves / Rice wheels • Monster Cheese sticks